



Forsyth County  
Department of Public Health

Promoting Health, Improving Lives

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## FOR IMMEDIATE RELEASE

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### Flu Vaccine Available

The Forsyth County Department of Public Health will begin giving flu vaccinations on Monday, **October 3, 2011**. Anyone who wishes to be vaccinated should come to Clinic 3 at the main Health Department site located at 799 N. Highland Avenue, Winston-Salem, NC during the following flu vaccination hours:

*Monday, Tuesday and Wednesday: 9:00am – 3:00pm*  
*Thursday: 1:00pm – 7:00pm*  
*Friday: 9:00am – 12:30pm*

The vaccine will be provided to the public at no cost on a first-come-first-serve basis. In addition to the standard injectable flu vaccine, the department has a limited amount of High Dose flu vaccine designed for those 65 years of age and older.

#### Who should get a flu shot?

All people 6 months of age and older should get flu vaccine. Vaccination is especially important for people at higher risk of severe influenza and their close contacts, including pregnant women, healthcare personnel, close contacts of children younger than 6 months of age, and anyone with certain health conditions – such as heart, lung or kidney disease, or a weakened immune system. By getting flu vaccine you can protect yourself from influenza and may also avoid spreading influenza to others.

#### When to Get Vaccinated

Now is a great time, although vaccination through February can still be beneficial since flu season can last as late as May. Influenza can occur at any time, but most influenza occurs from October through May. Influenza vaccine may be given at the same time as other vaccines, including pneumococcal vaccine.

For more information on Influenza (Flu) and Flu Vaccine visit  
<http://www.cdc.gov/flu/keyfacts.htm>

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